



TRICHOTOMY

Sean Foran – Piano, John Parker – Drums, Pat Marchisella – Acoustic Bass

The Gentle War released 24th January (on Naim Jazz)

on tour nationally 15th – 25th February

“The lyricism of EST and energy level of The Bad Plus....excellent” **The Evening Standard**

“These three make the resources of the conventional piano trio go a long way” **The Guardian**

The Gentle War, is the superb new album from Australian piano trio **Trichotomy** and the follow-up to the band's critically acclaimed **Naim Jazz** debut **Variations**. Recorded shortly after the band's UK tour early last year it finds the lauded trio in especially dynamic form and while their music could be compared to the likes of EST or The Bad Plus, Foran also cites his time here as an influence on the music - and not just our beer, but bands such as label mates Neil Cowley Trio, John Taylor and Acoustic Ladyland - but **The Gentle War** is very much the sound of a band developing their own unique sound.

The Gentle War finds the band happily building on the success of **Variations** but is more tightly focused on the trio itself. Mixed by **Brent Sigmeth** (The Bad Plus) the album brings a rockier edge to the mix but without compromising on the beauty of the piano sound. It's an aural reflection of the band's music, what one critic called their 'juxtaposition of aggressiveness and tenderness'. Indeed it is this friction which is at the heart of the band's appeal: Their music is both densely rhythmic and sharply melodic, with Foran's excellent compositions seeking a balance between heavily notated sections and completely free improvisations and with the trio allowing ideas to develop naturally.

The album opens with **Chase**, a short, catchy song, almost pop-like but with some surprising time signatures. **Wrestle** features a deceptively simple melody and harmony that the trio twist and turn, much like it is wrestling with itself. **Blues For The Space**, is a beautiful piece, very still, meditative and reflective, and features a superb spontaneous improvisation from the trio. **Cute**, written by Parker for his son is a fun portrait any parent will 'get' and the visceral **Shut Up** aims its angry punch at reality TV. But it is the album's gripping title track, **The Gentle War**, that best encapsulates what Foran and his colleagues are striving for. It moves through three distinct sections, and explores some odd time signatures, but is also a really textural piece incorporating solo parts on bass and drums and always feels organic and natural. And it is this distinct approach to their music, simultaneously thunderous and hushed...harsh but reflective, that makes **Trichotomy** so compelling.

www.trichotomymusic.com
www.naimjazz.com

For further information please contact Kerstan Mackness on 077 7565 5573
kerstan@riotsquadpublicity.com



TRICHOTOMY UK tour dates

Tue 15 Feb Turner Sims The University, Southampton, 023 8059 5151
8pm £ tbc http://www.southampton.ac.uk/turner_sims/

Wed 16 Feb The Vortex Jazz Club, London N16 8AZ 020 7254 4097
8pm £ tbc <http://www.vortexjazz.co.uk/>

Thu 17 Feb Watermill Jazz, Friends Provident Social Club, Dorking, 07751 466034
8pm £ tbc <http://www.watermilljazz.co.uk/>

Fri 18 Feb Seven Arts Centre, 31 Harrogate Rd, Leeds, 0113 262 6777
8pm £tbc www.sevenleeds.co.uk

Tue 22 Feb Band on the Wall, Manchester, 0845 2500 500
8pm £ tbc <http://bandonthewall.org/>

Wed 23 Feb The Cross, Moseley, Birmingham 0121 449 4445
8pm £ tbc www.cobwebcollective.com

Thu 24 Feb Cafe Jazz, Cardiff 029 20387026
8.30pm £ tbc <http://www.cafejazzcardiff.com/>

Fri 25 Feb The Stables, Wavendon Milton Keynes 01908 280800
8.45pm £10.00 <http://www.stables.org/>

Press Praise for Trichotomy

'The Australian Trio turn velocity into momentum.... with throbbing abandon'
Allaboutjazz.com

"very 'now'-sounding...beautifully poised" **Jazzwise**

"A suitable candidate to fill the large-shaped hole left by EST" **Manchester Evening News**

"versatility that produces a new band style, drawn from many quarters" **BBC.co.uk**

"These three make the resources of the conventional piano trio go a long way." **The Guardian**

